

Course Name	Course Units	Course Aim	Course Content	Course Objectives	Assessments Type, Length, Duration, pct%, Objectives met	Prerequisites
Essential Skills for Working in Aged Care	4.5	To develop an understanding of the aged care sector and importance of key practice skills.	<ol style="list-style-type: none"> 1) Introduction to university study skills and online learning. 2) Australian Aged Care context. 3) Essential skills including: first aid, CPR, manual handling, Infection control, hand hygiene. 4) Assessment of cognitive, physical, sensory and social functioning. 	<ol style="list-style-type: none"> 1) Demonstrate information literacy skills. 2) Discuss the role of the Aged Care worker within Australia. 3) Demonstrate essential skills necessary for working in aged care. 4) Explain assessment strategies used to evaluate a person's function. 	<ol style="list-style-type: none"> 1) Portfolio N/A 60% 1, 3, 4 2) Assignment 1,500 words 40% 2, 4 	
Communication and Ethics in Aged Care	4.5	To develop knowledge and associated skills for effective communication and ethical practice in aged care.	<ol style="list-style-type: none"> 1) Effective communication and therapeutic relationships. 2) Communication strategies for people with dementia. 3) Consent and confidentiality. 4) Diversity and cultural safety. 5) Reporting, delegating and escalating issues that arise in practice. 	<ol style="list-style-type: none"> 1) Apply safe and ethical communication strategies. 2) Apply specific communication strategies for people with dementia. 3) Explain the process of reporting issues or concerns within the practice setting. 4) Discuss the importance of communication in creating culturally safe practice. 	<ol style="list-style-type: none"> 1) Portfolio N/A 60% 1, 2, 3, 4 2) Assignment 1,500 words 40% 1, 2, 4 	
Living Skills and Life Routines in Aged Care	4.5	To develop knowledge and skills to support engagement of older people in meaningful activity	<ol style="list-style-type: none"> 1) Identifying needs, abilities and goals. 2) Developing a meaningful program of activity. 3) Pacing and grading activities. 4) Monitoring health and wellbeing. 5) Motivating participation. 	<ol style="list-style-type: none"> 1) Discuss an individual's personalised preferences and capacities. 2) Develop a meaningful program of activity for an individual. 3) Apply effective strategies to support and motivate participation. 	<ol style="list-style-type: none"> 1) Portfolio N/A 60% 1, 2, 3 2) Case Study N/A 40% 1, 2, 3 	
Quality and Safety in Aged Care	4.5	To develop knowledge and skills necessary to support quality and safety in Aged Care.	<ol style="list-style-type: none"> 1) Aged Care quality Standards. 2) Risk assessment and Hazard identification and mitigation. 3) Safe use of aids and equipment. 4) Work, health & safety monitoring and action. 	<ol style="list-style-type: none"> 1) Demonstrate understanding of Aged Care quality standards. 2) Monitor and mitigate potential risks and hazards. 3) Discuss role of Aged Care worker in ensuring safe practice. 	<ol style="list-style-type: none"> 1) Portfolio N/A 50% 1, 2, 3 2) Continuous Assessment N/A 50% 1, 2, 3 	
Enablement and Dignity in Aged Care	4.5	To develop knowledge of the principles that underpin person centred care and develop skills to support an individual's right to make choices.	<ol style="list-style-type: none"> 1) Choice and control. 2) Person and family centred care. 3) Supporting independence. 4) Maintenance of physical, cognitive and social functioning. 5) Cultural competence (Aboriginal). 	<ol style="list-style-type: none"> 1) Discuss principles that underpin the rights of a person to have choice and control in an Aged Care context. 2) Demonstrate person and family centred care. 3) Discuss dignity versus risk in relation to Aged Care practice. 4) Explain the application of person-centred care in an Aboriginal context. 	<ol style="list-style-type: none"> 1) Portfolio N/A 60% 1, 2, 3, 4 2) Assignment 1,500 words 15% 2, 4 	

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UO Mental Health, Dementia and Behaviour Changes	4.5	To develop an understanding of how mental health issues impact on a person's behaviour and knowledge of strategies to facilitate engagement in activities.	<ol style="list-style-type: none"> 1) Understanding dementia, mental health and challenging behaviours. 2) Behaviour activation – goal setting and actions plans to reinforce the practice of healthy activities. 3) Managing self, family and clients. 	<ol style="list-style-type: none"> 1) Explain how dementia or mental illness can impact on a person's behaviour. 2) Develop appropriate client goals and actions to support the practice of healthy activities. 3) Employ strategies to maintain safety of self, family and clients. 	<ol style="list-style-type: none"> 1) Portfolio N/A 50% 1, 2, 3 2) Case Study N/A 50% 2, 3 	
Multidisciplinary Teams in Aged Care	4.5	To develop an awareness of the importance of effective teamwork in providing quality care.	<ol style="list-style-type: none"> 1) Role of team members in aged care. 2) Interprofessional practice. 3) Understanding teamwork. 4) Understanding scope of practice, roles and responsibilities. 	<ol style="list-style-type: none"> 1) Discuss role of inter-professional team members in Aged Care. 2) Demonstrate effective teamwork skills. 3) Compare the scope of practice and roles of a range of professionals within Aged Care. 	<ol style="list-style-type: none"> 1) Portfolio N/A 50% 1, 2, 3 2) Assignment 2,000 words 50% 1, 3 	
Transition to Employment in Aged Care	4.5	To enhance student's preparedness for future practice.	<ol style="list-style-type: none"> 1) Workplace practices, standards and expectations. 2) Supervisory practices. 3) Professional development and networks. 4) Seeking employment in aged care 	<ol style="list-style-type: none"> 1) Develop personal goals and actions in preparation for employment. 2) Prepare a resume to support job application in Aged Care. 3) Evidence effective skills in developing a professional portfolio. 	<ol style="list-style-type: none"> 1) Portfolio N/A 70% 1, 3 2) Assignment 1,000 words 30% 2 	